

How to hold your hook

Pencil method



Hold the hook as if it was a pencil, in your right hand two inches from the hooked end. If your hook has a flat area you'll find it comfortable to hold it here.

Knife method



Hold the hook between your thumb and forefinger two inches from the hooked end, resting the end of the hook against your palm.

How to hold the yarn

Forefinger method



Pass the yarn around the little finger, under the next two fingers and over the forefinger. Hold the slip knot (see page 4) between the thumb and middle finger. You'll raise your forefinger automatically when you make your first chain.

Middle finger method



Pass the yarn around the little finger, and over the other fingers. Hold the slip knot between the thumb and forefinger. You'll raise the middle finger when you make your first chain.

Left-handed crochet...

All the instructions in this book are for the right-handed method. If you're finding them tough to follow, place this book in front of a mirror and copy the reflection of the images.

